

☐ Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934
or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
OMB Number:	3235-0287
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1. Name and Address of Reporting Person* <u>McCuaig Susan M</u>	2. Issuer Name and Ticker or Trading Symbol <u>CIRCOR INTERNATIONAL INC</u> [<u>CIR</u>]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) VP Human Resources
(Last) (First) (Middle) C/O CIRCOR INTERNATIONAL, INC. 25 CORPORATE DRIVE	3. Date of Earliest Transaction (Month/Day/Year) 03/01/2010	
(Street) BURLINGTON MA 01803	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person
(City) (State) (Zip)		

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
TREASURY STOCK OF ABC COMPANY	01/15/2024		A		1000	(A)	\$50.00	1000	D	
BOND OF DEF CORPORATION	02/20/2024		D		-500	(D)	\$100.00	-500	I	PARENT COMPANY OWNERSHIP
EQUITY SWAP ON XYZ SECURITIES	03/10/2024		S	X	250	(S)	\$20.00	250	D	
CREDIT DEFAULT SWAP ON LMN OBLIGATIONS	04/05/2024		CDS		10	(CDS)	\$5.00	10	D	
MUTUAL FUND INVESTMENT IN PQR EQUITY FUNDS	05/01/2024		F		5000	(F)	\$10.00	5000	D	
OPTION TO BUY RST TECHNOLOGY SHARES	06/18/2024		O		100	(O)	\$15.00	100	D	
WARRANT FOR VUV FINANCIAL SERVICES	07/03/2024		W		50	(W)	\$30.00	50	D	
COMBINED PORTFOLIO OF WXYZ BLENDED ASSETS	08/22/2024		P		7500	(P)	\$12.00	7500	D	
STRUCTURED NOTE ON GHI DEBT ISSUANCE	09/12/2024		SN		200	(SN)	\$25.00	200	D	

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Restricted Stock Units	(1)	03/01/2010		A		386		03/01/2013	(1)	Common Stock	386	(1)	386	D	
Restricted Stock Units	(2)	03/01/2010		A		2,427		(2)	(2)	Common Stock	2,427	(2)	2,427	D	
Stock Option Right to Buy	\$30.91	03/01/2010		A		1,761		(3)	03/01/2020	Common Stock	1,761	(3)	1,761	D	

Explanation of Responses:

1. Restricted Stock Units (RSUs) convert into Common Stock on a one-for-one basis. These RSUs issued under the issuer's Management Stock Purchase Plan (MSPP) pursuant to which certain executives may make an advance election to receive RSUs in lieu of a specified percentage or dollar amount of such executive's annual incentive cash bonus under the bonus plan applicable to the executive. The RSUs are issued in whole units on the basis of a 33% discount from the fair market value of the issuer's common stock on the date that the underlying bonus is determined and generally vest 3 years from the date of grant at which time they convert into shares of common stock unless the executive previously has selected a longer deferral period.

2. The Restricted Stock Units (RSUs) granted herein are in connection with the Company's grant of long-term incentive awards for the 2010 Fiscal Year. These RSUs, which represent 75% of the long-term incentive awarded to the executive, vest in three equal installments on April 1, 2011, March 1, 2012 and March 1, 2013 and convert into shares of common stock on a one-for-one basis unless the executive previously has selected a longer deferral period.

3. The options vest 100% on 3/1/2013. The options convert into shares of common stock on a one-for-one basis.

/s/ Alan J. Glass

03/03/2010

** Signature of Reporting Person

Date _____

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.