FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

| G . | OMB APPROVAL | | | |
|---|-------------------------|-----------|--|--|
| TATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP | OMB Number: | 3235-0287 | | |
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| Check this box if no longer subject to |
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| Section 16. Form 4 or Form 5 |
| obligations may continue. See |
| Instruction 1(b). |

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

| 1. Name and Address of Reporting Person* Andrew Clyde Farnsworth (Last) (First) (Middle) 30 CORPORATE DRIVE, SUITE 200 | | | | Suer Name and Ticker or Trading Symbol CIRCOR INTERNATIONAL INC [CIR] Date of Earliest Transaction (Month/Day/Year) 02/23/2019 | | | | | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) Chief Human Resources Officer | | | | | | |
|---|---|--|---|---|---|---|------------|--|--|-------------|--------------------|--|---|---|---|---|----------------|--|--|
| (Street) BURLING (City) | TON MA | te) (Z | 1803 ip) | Doriva | 4. If Amendment, Date of Original Filed (Month/Day/Year) ative Securities Acquired, Disposed of, or Benefi | | | | | | | Li | ne) X | Form filed by One Reporting Person Form filed by More than One Reporting Person | | | | | |
| 1. Title of Security (Instr. 3) 2. Transa Date (Month/D | | | action 2A. Deemed Execution Date, | | 3. 4. So Transaction Disp Code (Instr. 5) | | 4. Securit | I. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 | | or 5. Amoui | | s ally ollowing | Form (D) or | : Direct r Indirect str. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | | | |
| | | | | | 3/2019 02/23/2019 3/2019 02/23/2019 | | M F | v | 252 75 | 52 A | |) | Transaction(s) (Instr. 3 and 4) 856 781 | | | D D | | | |
| | Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities) | | | | | | | | | | | | | | | | | | |
| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemec Execution E if any (Month/Day | Date, | 4. Transaction Code (Instr. 8) | | of E | | o. Date Exercisa Expiration Date Month/Day/Yea | | • | 7. Title am Amount o Securities Underlyin Derivative (Instr. 3 ar | f g Security nd 4) | De Se (In | 8. Price of Derivative Security (Instr. 5) | 9. Number derivative Securities Beneficially Owned Following Reported Transactio (Instr. 4) | i S Illy | 10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 11. Nature of Indirect Beneficial Ownership (Instr. 4) |
| | | | | | Code | v | (A) | | Date Exercisab | | Expiration Date | Title | or Numbe of Shares | r | | | | | |
| Management Stock Purchase | \$0.00 | 02/23/2019 | 02/23/20 | 019 | M | | | 252 | 02/23/201 | 9 0 | 02/23/2026 | Common Stock | 252 | | (1) | 0.00 | | D | |

Explanation of Responses:

1. The Restricted Stock Units (RSUs), the conversion of which are reported herein, were issued to the Reporting Person pursuant to issuers Management Stock Purchase Plan (MSPP) on 2/23/2016 utilizing a fair market value (FMV) of a share of the issuers stock of \$38.89. RSUs are issued in whole units on the basis of a 33 percent discount from FMV of the issuers common stock on the date the underlying bonus is determined (\$26.06 in this case) and generally vest 3 years from date of grant, at which time they convert into shares of common stock unless the executive has previously elected a longer deferral period. Acquisition price reflects the 33% discount to FMV of issuers stock on grant date. This report reflects the acquisition by the Reporting Person of the common stock underlying the RSUs minus sufficient shares withheld to pay applicable income taxes.

Remarks:

/s/ Tanya Dawkins, attorney-in-02/26/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

LIMITED POWER OF ATTORNEY FOR CIRCOR INTERNATIONAL, INC. SECTION 16(a) FILINGS

Know all by those present, that the undersigned hereby constitutes and appoints each of Kevin Chapman and Tanya Dawkins signing singly, the undersigneds true and lawful attorney-in-fact to

- (1) execute for and on behalf of the undersigned, in the undersigneds capacity as an officer, director and/or stockholder of CIRCOR International, Inc. (the Company), Forms 3, 4, and 5 and amendments thereto in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5 or amendment thereto and timely file such form with the United States Securities and Exchange Commission (the SEC) and any stock exchange or similar authority and
- (3) take any other action of any type whatsoever which, in the opinion of such attorney-in-fact, may be necessary or desirable in connection with the foregoing authority, it being understood that the documents executed by

such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the

undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-facts substitute or substitutes, shall

lawfully do or cause to be done by virtue of this Power of Attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigneds responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to ${}^{\circ}$

the undersigneds holdings of and transactions in securities of the $\operatorname{Company}$,

unless earlier revoked by the undersigned in a signed writing delivered to the $\,$

foregoing attorneys-in-fact. This Power of Attorney may be filed with the SEC as a confirming statement of the authority granted herein.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 26th day of February, 2019.

/s/ Andrew Clyde Farsworth Andrew Clyde Farsworth