FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, [D.C.	20549	
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Check this box if no longer subject to	
Section 16. Form 4 or Form 5	
bligations may continue. See	
netruction 1(h)	

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response	: 0.5							

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

l	nd Address of NELL JC	Reporting Person* OHN A						e and Ti				ymbol <mark>AL IN(</mark>	<u>C</u> [CIR]	(Che	eck all appl	icable) or	ng Per	10% Ov	vner
	PORATE D	,	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 03/05/2021									below	r (give title)		Other (s below)	specify	
SUITE 200 (Street)				4. 11	4. If Amendment, Date of Original Filed (Month/Day/Year)									Line	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
BURLIN	IGTON M	A	01803-423	 	,											Form Perso		re thai	n One Repo	rting
(City)	(S	tate)	(Zip)																	
		Tab	le I - Non	-Deriv	ative	e Se	curit	ies Ad	cquire	ed, D	isp	osed o	of, or B	ene	eficiall	y Owne	d			
			2. Trans Date (Month/	n/Day/Year) i		2A. Deemed Execution Date, if any (Month/Day/Year		e, Tr	Code (Instr.					Benefic	es ially Following	Form (D) o	n: Direct r Indirect istr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
										ode \	V	Amount	(A) (D)	or	Price	Transac	Transaction(s) (Instr. 3 and 4)			. ,
Common Stock 03/05.				5/202	/2021]	М		2,10	2,102 A		(1)	27,497			D			
		7	able II - E									sed of onverti				Owned				
1. Title of Derivative Security 1. Title of Derivative Security 2. Conversion Opate (Month/Day/Year) 3. Transaction Date Execution D if any (Month/Day/Year)		Date,	4. Transaction Code (Instr. 8)		n of		Expira	te Exer ation D th/Day/	ate	ble and	7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transacti (Instr. 4)	e s Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exerc	cisable		opiration	Title	or No	umber					
Restricted Stock Unit (MSP)	\$0.00	03/05/2021			M			2,102	03/05	5/2021	03	3/05/2028	Commo	2	2,102	(1)	0.00		D	

Explanation of Responses:

1. The Restricted Stock Units (RSUs), the conversion of which are reported herein, were issued to the Reporting Person pursuant to issuers Management Stock Purchase Plan (MSPP) on 3/5/2018 utilizing a fair market value (FMV) of a share of the issuers stock of \$42.62. RSUs are issued in whole units on the basis of a 33 percent discount from FMV of the issuers common stock on the date the underlying bonus is determined (\$28.56 in this case) and generally vest 3 years from date of grant, at which time they convert into shares of common stock unless the executive has previously elected a longer deferral period. Acquisition price reflects the 33% discount to FMV of issuers stock on grant date. This report reflects the acquisition by the Reporting Person of the common stock underlying the RSUs.

Remarks:

/s/ Tanya Dawkins, attorney-in-03/08/2021 fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

LIMITED POWER OF ATTORNEY FOR CIRCOR INTERNATIONAL, INC. SECTION 16(a) FILINGS

Know all by those present, that the undersigned hereby constitutes and appoints each of Kevin Chapman and Tanya Dawkins signing singly, the undersigneds true and lawful attorney-in-fact to

- (1) execute for and on behalf of the undersigned, in the undersigneds capacity as an officer, director and/or stockholder of CIRCOR International, Inc. (the Company), Forms 3, 4, and 5 and amendments thereto in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5 or amendment thereto and timely file such form with the United States Securities and Exchange Commission (the SEC) and any stock exchange or similar authority and
- (3) take any other action of any type whatsoever which, in the opinion of such attorney-in-fact, may be necessary or desirable in connection with the foregoing authority, it being understood that the documents executed by

such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the

undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-facts substitute or substitutes, shall

lawfully do or cause to be done by virtue of this Power of Attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigneds responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to

the undersigneds holdings of and transactions in securities of the Company,

unless earlier revoked by the undersigned in a signed writing delivered to the

foregoing attorneys-in-fact. This Power of Attorney may be filed with the SEC as a confirming statement of the authority granted herein.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 26th day of February, 2019.

/s/ John A. O'Donnell John A. O'Donnell