FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL
	OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

	nd Address o		2. Issuer Name and Ticker or Trading Symbol CIRCOR INTERNATIONAL INC [CIR]										5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner V Officer (give title Other (spec							
	(I R INTERN PORATE I		3. Date of Earliest Transaction (Month/Day/Year) 03/16/2005											Sr. VP, CFO & Treasurer						
(Street) BURLIN	_ 4. I1	4. If Amendment, Date of Original Filed (Month/Day/Year)											Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person Person							
(City)	(:	State)	(Zip)																	
		Tab	le I - No			_			<u> </u>		Disp					y Owned				
1. Title of Security (Instr. 3) 2. Trans Date (Month/						ar) i	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr.				ies Acquired (A) or Of (D) (Instr. 3, 4 a				es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
									С	ode	v	Amount	(A)	or	Price	Reporte Transac (Instr. 3	tion(s)			(Instr. 4)
Common	Stock ⁽¹⁾		6/2005	2005				М		2,300	2,300 A		\$7.5	7,	7,300		D			
Common	Stock ⁽²⁾		6/2005	5				S		2,300)	D :	\$25.7	2 5,	5,000		D			
Common	Stock ⁽¹⁾		7/2005	2005				M		1,000) .	A	\$7.5	6,	6,000		D			
Common	Stock ⁽²⁾			03/17	7/2005	5				S		1,000) [D	\$25.5	5,	000			
		٦	Гable II -									sed of, onverti				Owned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year)		3A. Deem Execution if any (Month/Da	Date,	4. Transactio Code (Insti		of Deri Sec Acq (A) (Disp of (I	oosed D) tr. 3, 4	Expir	ate Exe ration I ath/Day	Date	ble and	7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)			8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	Ov Fo Olly Or (I)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exerc	cisable		xpiration ate	Title	or Nu of	ımber					
Stock Option Right to Buy	\$7.5	03/16/2005			M			2,300		(1)	08	3/02/2010	Commo Stock		,300	(1)	37,700)	D	
Stock Option Right to Buy	\$7.5	03/17/2005			M			1,000		(1)	08	3/02/2010	Commo		,000	(1)	36,700)	D	

Explanation of Responses:

- 1. The stock options exercised herein are a portion of the grant of 40,000 options by the issuer to the reporting person on August 2, 2000. These options became exercisable, 20% per year, commencing with August 2, 2001. The options convert into shares of the issuer's common stock on a one-for-one basis.
- 2. The transactions reported herein reflect the cashless exercise by the reporting person of stock options pursuant to a pre-programmed trading plan under Rule 10b5-1.

Alan J. Glass, Attorney-in-Fact 03/18/2005

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.