FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL				
	OMB Number:	3235-0287				
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l	hours per response:	0.5				

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar		2. Issuer Name and Ticker or Trading Symbol CIRCOR INTERNATIONAL INC [CIR]									ationship of Reporting call applicable) Director Officer (give title		g Person(s) to Issi 10% Ow Other (s)		wner				
	(F COR INTE PORATE D		Date of /10/20		est Tran	saction (Montl	h/Day/Year)			below) below) Vice Pres., CFO & Treasurer								
(Street) BURLIN (City)	- 4. 11	4. If Amendment, Date of Original Filed (Month/Day/Year)								ne)	lividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person								
		Tab	le I - No	on-Deriv	ative	Sec	uriti	ies Ac	quired	l, Di	sposed o	f, or Be	eneficia	lly O	wned	<u> </u>			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da						Exe) if ar	A. Deemed xecution Date, any Month/Day/Year)		Transaction Code (Instr.		4. Securities Acquired (A) of Disposed Of (D) (Instr. 3, 4 a			and 5) Securit Benefic Owned		es ially Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership
									Code	v	Amount	(A) or (D)	Price	т	Reporte Fransac Instr. 3	tion(s)			(Instr. 4)
Common Stock ⁽²⁾ 05/10/2						005					4,700	A	\$7.	5	9,700		D		
Common	Stock ⁽²⁾			05/10/	2005				S		4,700	D	\$25.50	038	5,	000	D		
		Т	able II								posed of converti				ned	,			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		on Date,	4. Transa Code (8)		n of		6. Date Exercis Expiration Dat (Month/Day/Ye		te	7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		Deriv Secu (Inst	Price of erivative curity str. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	is Silly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)
					Code	v	(A)	(D)	Date Exercisa	able	Expiration Date	Title	Amount or Number of Shares	1					
Stock Option Right-to-	\$7.5	05/10/2005			M			4,700	(1)		08/02/2010	Common Stock	4,700	((1)	32,000		D	

Explanation of Responses:

- 1. The stock options exercised herein are a portion of the grant of 40,000 options by the issuer to the reporting person on August 2, 2000. These options vest and become exercisable 20% per year over a 5-year period commencing with the first anniversary of the date of grant. The options convert into shares of the issuer's common stock on a one-for-one basis.
- 2. The transactions reported herein reflect the cashless exercise by the reporting person of stock options previously granted to the reporting person by the issuer. These cashless exercises have occurred pursuant to the terms of a pre-programmed trading plan entered into by the reporting person under Rule 10b5-1.

Alan J. Glass, Attorney-in-fact 05/11/2005

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.