FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DC	20549
wasiiiigton,	D.C.	20049

STATEMENT	OF	CHANGES	IN BE	NEFICIAL	OWNERS	SHIP

OMB APPROVAL									
OMB Number: 3235-0287									
Estimated average burden									
houre per reenonee.	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Najjar Tony S.			2. Issuer Name and Ticker or Trading Symbol CIRCOR INTERNATIONAL INC [ CIR ]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable)						
<u>majjar</u>	<u> 10ny S.</u>				1		J = 1 = 1			12			X	Director		10% C	wner
(Last)	(F	First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 03/17/2023							X	below)	give title	below	(specify		
30 COR	PORATE D	RIVE			1										President a	ind CEO	
SUITE 2	200				4. If	f Ame	endment,	Date of	Original F	Filed	(Month/Day/	Year)	6. Inc		oint/Group Fil	ling (Check Ap	pplicable
(Street)													) X	Form fil	ed by One R	eporting Perso	on
BURLIN	IGTON N	ИA	01803-4238	3		Form filed by More than Person								han One Repo	orting		
(City)	(5	State)	(Zip)		Rule 10b5-1(c) Transaction Indication												
											ction was madule 10b5-1(c).			t, instruction o	or written plan	that is intended	to satisfy
		Ta	ıble I - Non	-Deriv	/ativ	e Se	ecuritie	es Acq	uired,	Dis	posed of	, or Ben	eficially	Owned			
Date			2. Trans Date (Month/	Exaction 2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr. 5)			Beneficially Owned Following		Ownership orm: Direct O) or Indirect ) (Instr. 4)	7. Nature of Indirect Beneficial Ownership					
									Code	v	Amount	(A) or (D)	Price	Reported Transaction (Instr. 3 au	on(s) nd 4)		(Instr. 4)
Common	Stock			03/17	7/202	23			M		1,795	A	(1)	23,	181	D	
Common Stock 03/1			03/17	7/2023 F 621 D			(1)	22,560 D									
			Table II - I								osed of, o			Owned			
1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise (Instr. 3)  Price of Derivative Security  3. Transaction Date Execution Date, if any (Month/Day/Year)		Co	ransaction ode (Instr.				6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		Derivative Security	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s	Ownersh Form: Direct (D or Indirec (I) (Instr.	Beneficial Ownership t (Instr. 4)			
				Co	ode \	v	(A)		Date Exercisal	ole	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(5)	
Restricted Stock Unit	\$0	03/17/2023	03/17/2023	3 1	М			1,795	03/17/202	23 <sup>(1)</sup>	03/17/2031	Common Stock	1,795	\$0	1,795	D	
Restricted Stock Unit	\$0	03/17/2023	03/17/2023	3	A		26,100		03/17/202	4 <sup>(2)</sup>	03/17/2033	Common Stock	26,100	\$0	26,100	D	
Restricted Stock Unit	\$0	03/17/2023	03/17/2023	3	A		7,258		03/17/202	26 <sup>(3)</sup>	03/17/2033	Common Stock	7,258	\$0	7,258	D	

## **Explanation of Responses:**

- 1. The Restricted Stock Units (RSUs), the conversion of which are reported herein, were granted to the Reporting Person by the issuer as part of equity incentive grants made by the issuer on 3/17/2021 utilizing a fair market value (FMV) of a share of the issuers stock of \$39.82. The RSU grant vests in equal portions over a three year period, and are received by the Reporting Person upon vesting, on a one-for-one basis. This report reflects the vesting of one-third portion of the original RSU grant and the acquisition by the Reporting Person of the underlying shares minus sufficient shares withheld to pay applicable income taxes.
- 2. The grant of Restricted Stock Units (RSUs), reported herein, entitles the Reporting Person to receive shares of the issuer common stock in equal installments of one-third of the original RSU grant on each of the first three anniversaries of the grant date. The RSUs automatically convert into shares of common stock on a one-for-one basis at no conversion cost to the Reporting Person.
- 3. This Restricted Stock Units (RSUs) grant is issued pursuant to a provision of the issuers Management Stock Purchase Plan (MSPP) whereby, pursuant to an advanced election by the executive, he or she receives RSUs in lieu of a specified percentage or dollar amount of his or her annual incentive cash bonus. The RSUs are issued in whole units at a 33 percent discount from fair market value of the issuers common stock on the award date and generally vest 3 years from the date of the grant, at which time the RSUs convert into shares of common stock on a one-for-one basis unless the executive previously elected a longer deferral period.

## Remarks:

Exhibit List: Exhibit 24 - Power of Attorney

/s/ Paul Caron, Attorney-in-Fact 03/21/2023 for Tony S. Najjar

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

LIMITED POWER OF ATTORNEY FOR CIRCOR INTERNATIONAL, INC. SECTION 16(a) FILINGS

Know all by those present that the undersigned hereby constitutes and appoints each of Paul Caron, Ted Sanders and Jessica W. Wenzell signing singly, the undersigned's true and lawful attorney-in-fact to:

- (1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer, director and/or stockholder of CIRCOR International, Inc. (the "Company"), Forms 3, 4, and 5 and amendments thereto in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder:
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5 or amendment thereto and timely file such form with the United States Securities and Exchange Commission (the "SEC") and any stock exchange or similar authority; and
- (3) take any other action of any type whatsoever which, in the opinion of such attorney-in-fact, may be necessary or desirable in connection with the foregoing authority, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this Power of Attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities xchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's holdings of and transactions in securities of the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorney's-in-fact. This Power of Attorney may be filed with the SEC as a confirming statement of the authority granted herein.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 22nd day of September 2022.

/s/Tony Najjar Tony Najjar