FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

													-						
1. Name and Address of Reporting Person* <u>CARLSEN ALAN R</u>						2. Issuer Name and Ticker or Trading Symbol CIRCOR INTERNATIONAL INC [cir]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner					
(Last) (First) (Middle) C/O CIRCOR INTERNATIONAL, INC.						3. Date of Earliest Transaction (Month/Day/Year) 08/09/2005									X Officer (give title Other (specify below) below) Group Vice President				
25 CORPORATE DRIVE, SUITE 130						4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line)				
(Street) BURLINGTON MA 01803					X Form filed by One Reporting Person Form filed by More than One Reporting														
(City) (State) (Zip)					_										Person				
		Tab	le I - N	on-Deriv	vative	Sec	urit	ies Ac	quire	d, Di	isposed (of, or Be	nefici	ally Owne	d				
1. Title of Security (Instr. 3) 2. Transar Date (Month/Date)					Exe if ar	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquire Disposed Of (D) (Inst			5) Securi Benefi Owned	5. Amount of Securities Beneficially Owned Following		Direct Indirect tr. 4)	7. Nature of Indirect Beneficial Ownership		
							Code	v	Amount	(A) or (D)	Price	Transa	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)			
Common Stock				08/09/2005				S		22,100	D	\$25.0	195	,500	D				
Common Stock ⁽¹⁾				08/09/2005				M		6,000	A	\$7.	5 1	5,500	D				
Common Stock ⁽¹⁾				08/09/2005				S		6,000	D	\$25.0	195	,500	I	D			
Common Stock ⁽²⁾				08/09/	/09/2005				M		1,260	A	\$23	\$23.8 10,76		D			
Common Stock ⁽²⁾ 08/09/2					2005				S		1,260	D	\$25.0	25.0195 9,500		I	D		
Common Stock 08/10/20					2005)05			S		9,500	D \$25.0195		195	0		D		
		T	Table II								posed of converti			ly Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transa Code (8)	ction	5. Number			Exerc on Da	isable and			8. Price of Derivative Security (Instr. 5)		e Coss Fully Do	.0. Dwnership Form: Direct (D) or Indirect I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	Amoun or Numbe of Shares						
Stock Option- Right to Buy ⁽¹⁾	\$7.5	08/09/2005			M			6,000	08/02/2	005	08/02/2010	Common Stock	6,000	(3)	0		D		
Stock Option-	¢22.0	09/00/2005			M			1.260	01/06/2	005	01/06/2014	Common	1 260	(3)	E 040		D		

Explanation of Responses:

\$23.8

- 1. Reflects cashless exercise of a portion of the 30,000 stock options granted to the reporting person on August 2, 2000.
- 2. Transaction reflects cashless exercise of a portion of the 6300 stock options issued to the reporting person on January 6, 2004.
- 3. Stock options convert into shares of common stock on a one-for-one basis

08/09/2005

Right to

Buy

Mr. Carlsen recently announced his intention to retire in January 2006. As the Company recently hired his successor, Mr. Carlsen will perform special assignments for the Company until his retirement and will not function as a policy making officer subject to Section 16.

01/06/2005

1,260

01/06/2014

Alan J. Glass, attorney in fact 08/11/2005

** Signature of Reporting Person

1,260

Stock

Date

5,040

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.