

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934
or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>CARRIERE STEPHEN J</u>			2. Issuer Name and Ticker or Trading Symbol <u>CIRCOR INTERNATIONAL INC [CIR]</u>		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner <input checked="" type="checkbox"/> Officer (give title below) Other (specify below) <u>VP, Controller&Asst. Treasurer</u>	
(Last) (First) (Middle) <u>CIRCOR INTERNATIONAL, INC.</u> <u>25 CORPORATE DRIVE SUITE 130</u>			3. Date of Earliest Transaction (Month/Day/Year) <u>08/11/2005</u>			
(Street) <u>BURLINGTON MA 01880</u>			4. If Amendment, Date of Original Filed (Month/Day/Year)		6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person Form filed by More than One Reporting Person	
(City) (State) (Zip)						

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common Stock ⁽¹⁾	08/11/2005		M		1,100	A	\$7.5	6,945.2	D	
Common Stock ⁽²⁾	08/11/2005		S		1,100	D	\$25.5036	5,845.2	D	
Common Stock ⁽¹⁾	08/15/2005		M		900	A	\$7.5	6,745.2	D	
Common Stock ⁽²⁾	08/15/2005		S		900	D	\$25.5	5,845.2	D	
Common Stock ⁽³⁾	08/15/2005		M		400	A	\$23.8	6,245.2	D	
Common Stock ⁽²⁾	08/15/2005		S		400	D	\$25.5	5,845.2	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Option Right to Buy	\$7.5	08/11/2005		M			1,100	08/02/2005	08/02/2010	Common Stock	1,100	⁽¹⁾	900	D	
Stock Option Right to Buy	\$7.5	08/15/2005		M			900	08/02/2005	08/02/2010	Common Stock	900	⁽¹⁾	0	D	
Stock Option Right to Buy	\$23.8	08/15/2005		M			400	01/06/2005	01/06/2015	Common Stock	400	⁽³⁾	1,600	D	

Explanation of Responses:

1. The stock options exercised herein are a portion of the grant of 10,000 options by the issuer to the reporting person on August 2, 2000. These options are a portion of the 2,000 options that became exercisable on August 2, 2005. These options convert into shares of the issuer's common stock on a one-for-one basis.
2. The transactions reported herein reflect the cashless exercise by the reporting person of stock options previously granted to the reporting person by the issuer.
3. The stock options exercised herein are a portion of the grant of 2,000 options by the issuer to the reporting person on January 6, 2004. The 400 options became exercisable on January 6, 2005. These options convert into shares of the issuer's common stock on a one-to-one basis.

Stephen J. Carriere 08/15/2005
** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.