Instruction 1(b)

FORM 4

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549	
-------------	------	-------	--

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL								
OMB Number: 3235-0287								
Estimated average burden								
hours per response:	0.5							

Restricted	\$0.00	07/15/2021	07/15/2021	1 M	ı		4.470	0   07	//15/2021 <sup>(1</sup>	) <b> </b> (	6/15/2030	Comn	non	4.470	\$0.00	0.00		D		
				Cod	de V	(A	(D)	Da Ex	ite ercisable		xpiration ate	Title	0 N	lumber						
1. Title of Derivative Security (Instr. 3)	2. Conversio or Exercis Price of Derivative Security		3A. Deemed Execution Date if any (Month/Day/Yea	ate, Tra	4. Transaction Code (Instr		5. Number of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Securi (Instr. 3 and 4)		ecurity	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	e S Illy	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership tt (Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned  (e.g., puts, calls, warrants, options, convertible securities)																			
Common Stock			07/15/2	5/2021				M		4,470 A		-	(1)	+`	5,470		D			
Da			2. Transac Date (Month/Da	th/Day/Year) i		2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Instr.		5) (4) or			5. Amour Securitie Beneficia Owned F Reported Transact (Instr. 3 a	s ally ollowing I ion(s)	Form (D) o	: Direct Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																			
(City)		(State)	(Zip)		Person															
(Street) BURLIN	IGTON :	MA	01803											2	Form fi	led by Mor		rting Persor One Repor	- 1	
,					4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)					
(Last) (First) (Middle) 30 CORPORATE DRIVE, SUITE 200					3. Date of Earliest Transaction (Month/Day/Year) 07/15/2021									below)			below)			
				—	3 Date	of Fa	ırliost Tr	anca	rtion (Mor	ıth/Γ	av/Vear)			-	Officer	(give title		Other (s	·	
	nd Address <mark>AN BRU</mark>	of Reporting Person <sup>*</sup> CE M									AL INC		<b>R</b> ]	(Che	ck all applic	able)	y reis	10% Ov		
4. N		- ( D *	r		2 (991)	or Nar	ne and	Ticke	r or Tradii	na S	vmhol			5 B	elationship c	of Reporting	n Dore	nn(e) tn leei	ıer	

## **Explanation of Responses:**

1. The Restricted Stock Units (RSUs), the conversion of which are reported herein, were granted to the Reporting Person by the issuer as part of equity incentive grants made by the issuer on 6/15/2020 utilizing a fair market value (FMV) of a share of the issuers stock of \$21.22. The RSU grant vests in its entirety 13 months from date of grant, at which time the RSUs are received by the Reporting Person on either (i) the vest date or (ii) upon the conclusion of a longer deferral period that the Reporting Person elected in advance. This report reflects the full vesting of the original RSU grant and the acquisition by the Reporting Person of the underlying shares.

## Remarks:

Stock Unit

Tanya Dawkins, their attorney in fact

07/15/2021

\*\* Signature of Reporting Person

Stock

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

LIMITED POWER OF ATTORNEY FOR CIRCOR INTERNATIONAL, INC. SECTION 16(a) FILINGS

Know all by those present that the undersigned hereby constitutes and appoints each of Tanya Dawkins and Jessica W. Wenzell signing singly, the undersigned's true and lawful attorney-in-fact to:

- (1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer, director and/or stockholder of CIRCOR International, Inc. (the "Company"), Forms 3, 4, and 5 and amendments thereto in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5 or amendment thereto and timely file such form with the United States Securities and Exchange Commission (the "SEC") and any stock exchange or similar authority; and
- (3) take any other action of any type whatsoever which, in the opinion of such attorney-in-fact, may be necessary or desirable in connection with the foregoing authority, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this Power of Attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's holdings of and transactions in securities of the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorney's-in-fact. This Power of Attorney may be filed with the SEC as a confirming statement of the authority granted herein.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 24th day of May 2021.

/s/ Bruce M. Lisman Bruce M. Lisman