FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPR	OVAL							
	OMB Number:	3235-0287							
l	Estimated average burden								
ı	hours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Najjar Tony S.</u>						2. Issuer Name and Ticker or Trading Symbol CIRCOR INTERNATIONAL INC [ CIR ]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
(Last) (First) (Middle) 30 CORPORATE DRIVE, SUITE 200						3. Date of Earliest Transaction (Month/Day/Year) 02/27/2020									X Officer (give title Other (specify below)  Pres Aerospace & Defense Group						
(Street) BURLINGTON MA 01803					4. If A	Amen	ndment,	Date of	f Original	Filed	(Month/Da		6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person  Form filed by More than One Reporting Person								
(City)	(Sta		ip)	Doriv	ativo	Soc	vuritio	s A or	nuirod	Dici	o beace	f or Poi	ooficia	Ilv Owr	od.						
Table I - Non-Deriva  1. Title of Security (Instr. 3)  2. Transa Date (Month/D				saction 2 E Day/Year) it		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr.		4. Securities Acquired (A)		ed (A) or	5. Ar Secu Bene Own	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
								Code	v	Amount	(A) or (D)	Price	Tran	saction(s 3 and 4	tion(s)			(Instr. 4)			
Common Stock				02/27/2020					М		415	A	(1)		1,758		D				
Common Stock				02/27/2020					F		150	D	(1)		1,608		D				
Common Stock				02/27	02/27/2020				М		154	A	(2)		1,762	762					
Common Stock 02/2				02/27	7/2020				F		63	D	(2)		1,699		D				
Common Stock 02/27				/2020			М		98	A	(3)		1,797		D						
Common Stock 02/27/				7/2020		F		41	D	(3)	1,756		56 D								
		Ta										or Bene ole secu		y Owne	d						
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security		3A. Deem Execution if any (Month/D	ed n Date,	4. Transactio Code (Inst 8)		5. Number on of		6. Date Exercisa Expiration Date (Month/Day/Yea		able and	7. Title an Amount o Securities Underlyin Derivative (Instr. 3 ar	d f g Security	8. Price Derivat Securit (Instr. 5	ve der / Sec ) Ber Ow Fol Rep Tra	Number of ivative curities neficially ned lowing ported insaction str. 4)	Owners Form: Direct ( or Indir (I) (Inst	n: ct (D) direct	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)		Date Exercisab		Expiration Date	Title	Amount or Number of Shares								
Performance RSUs	\$0.00	02/27/2020			M			98	02/27/202	0 0	3/04/2029	Common Stock	98	(3)		0.00		D			
Restricted Stock Unit	\$0.00	02/27/2020			M			154	02/27/202	0 0	2/27/2027	Common Stock	154	(2)		0.00		D			
Restricted Stock Unit (MSP)	\$0.00	02/27/2020			М			415	02/27/202	0 0	)2/27/2027	Common Stock	415	(1)		0.00		D			

- 1. The Restricted Stock Units (RSUs), the conversion of which are reported herein, were issued to the Reporting Person pursuant to issuers Management Stock Purchase Plan (MSPP) on 2/27/2017 utilizing a fair market value (FMV) of a share of the issuers stock of \$60.99. RSUs are issued in whole units on the basis of a 33 percent discount from FMV of the issuers common stock on the date the underlying bonus is determined (\$40.86 in this case) and generally vest 3 years from date of grant, at which time they convert into shares of common stock unless the executive has previously elected a longer deferral period. Acquisition price reflects the 33% discount to FMV of issuers stock on grant date. This report reflects the acquisition by the Reporting Person of the common stock underlying the RSUs minus sufficient shares withheld to pay applicable income taxes.
- 2. The Restricted Stock Units (RSUs), the conversion of which are reported herein, were granted to the Reporting Person by the issuer as part of equity incentive grants made by the issuer on 2/27/2017 utilizing a fair market value (FMV) of a share of the issuers stock of \$60.99. The RSU grant vests in equal portions over a three year period, and are received by the Reporting Person upon vesting, on a one-for-one basis. This report reflects the final vesting of one-third portion of the original RSU grant and the acquisition by the Reporting Person of the underlying shares minus sufficient shares withheld to pay applicable income
- 3. The shares issued herein to the Reporting Person by the issuer are the result of actual achievement against the metrics associated with a Performance Based RSU grant made by the issuer on 3/4/2019. These metrics consisted of tranche-specific targets for 2019 Adjusted Free Cash Flow and 2019 Adjusted Operating Margin with potential payouts ranging from 0% to 200%. This report reflects the acquisition of shares by the Reporting Person based on 10% achievement minus sufficient shares withheld to pay applicable income taxes.

## Remarks:

/s/ Tanya Dawkins, attorney-in-

fact

\*\* Signature of Reporting Person

Date

03/02/2020

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

LIMITED POWER OF ATTORNEY
FOR
CIRCOR INTERNATIONAL, INC.
SECTION 16(a) FILINGS

Know all by those present that the undersigned hereby constitutes and appoints each of Rajeev Bhalla and Tanya Dawkins signing singly, the undersigned's true and lawful attorney-in-fact to:

- (1) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer, director and/or stockholder of CIRCOR International, Inc. (the "Company"), Forms 3, 4, and 5 and amendments thereto in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;
- (2) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5 or amendment thereto and timely file such form with the United States Securities and Exchange Commission (the "SEC") and any stock exchange or similar authority; and
- (3) take any other action of any type whatsoever which, in the opinion of such attorney-in-fact, may be necessary or desirable in connection with the foregoing authority, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact, or such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this Power of Attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's holdings of and transactions in securities of the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorney's-in-fact. This Power of Attorney may be filed with the SEC as a confirming statement of the authority granted herein.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of this 27th day of February 2018.

/s/ Tony S. Najjar

Tony S. Najjar